

Dear IMPR and Colleagues,

Perhaps you heard – Cohort Four / Almost Alchemy are delighted to invite you to participate the first workshop in our series –

**LABOUR AND US: A WORKSHOP AND PERFORMANCE SERIES
TO HELP BOOST CREATIVE AGENCY AND SOLIDARITY FOR WORKERS**

WORKSHOP ONE

Thursday March 14

3:00 pm – 4:30 pm

at ImprovLab, MCK U of G

WRITING & IMPROVISED DANCE WORKSHOP W/ AIMÉE DAWN ROBINSON

FREE and FREE snacks provided!

Here's more info about the whole series –

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WRITING & IMPROVISED DANCE WORKSHOP W/ AIMÉE DAWN ROBINSON

Workshop - Wednesday March 27, 5:00 pm -7:00 pm Silence, 46 Essex
STORYTELLING THROUGH MUSIC SHARING W/ MATTHEW ENDAHL

Workshop - Friday April 5, 2:30 pm – 4:00 pm
Guelph Public Library, East Side Branch
DEvised MAKING (HANDS-ON) WORKSHOP W/ MICHAEL BERGMANN

Workshop - Monday April 15, 5-6:30pm at ImprovLab, MCK U of G
DEvised THEATRE CONFLICT RESOLUTION W/ TOM SCHOLTE

Performance – Friday April 19, 7:00 pm, ImprovLab, MCK U of G
Participating in the performance is optional (but encouraged!)
and requires taking part in at least one workshop,
though we'd love to have all workshop participants join as much as possible.

ALL FREE. FREE WORKSHOPS. FREE PERFORMANCE.
We will have free snacks and hot beverages at each event too.
For folks ages 19 and up.

[To register for our workshops for please visit this link to eventbrite!](#)

COMING UP AFTER THE WORKSHOPS...

...more details soon...

Labour and Us - Performance!

Friday April 19 – 7:00 pm

ImprovLab featuring Workshoppers and their creative powers!

Following the show...

a star-studded roundtable discussion with [Alan Filewod](#), [Cynthia Ashperger](#), and [Judith Thompson](#)

exploring the history of worker's theatre, how labour and the arts intersect,
and how radical labour may help (re)define our work in the arts in the future!

Join us! There will be good food too!

FREE

Why a workshop series called Labour and Us?

The workshops are designed for workers to explore creative outlets for themselves, to build solidarity with each other through the arts.
We are CUPE 3913 members so we started with an interest in community building through

arts and creative practices with our fellow student workers and esteemed worker colleagues.

Who is offering this?

We're second year PhD students, Michael F Bergmann, Lucas Carravetta, Matthew Endahl, and Aimée Dawn Robinson – the fourth cohort of the Critical Studies in Improvisation program (IMPR) at the University of Guelph. We come from dance, music, and theatre backgrounds.

We also have a band called Almost Alchemy, which you can [check out it here!](#)

To register for these special workshops follow the [eventbrite link here, thanks.](#)

Peace,

Aimée